

IMMUNE PEPTIDES · FREE GUIDE



# The 5-Minute Immune Peptide Primer

*Borrowed immunity, explained simply.*

RECOGNIZE · RESPOND · REMEMBER · REPAIR

# So... what exactly is an immune peptide?

Your immune system doesn't just fight — it *learns*. And what it learns, it can pass on.

Immune peptides are **messenger molecules**: tiny couriers, made by immune systems, for immune systems. They carry hard-won immune knowledge — what a threat looks like, and how to handle it — from one immune system to another.

The most-studied of these messengers is the **transfer factor**. First identified in 1949, it does exactly what its name says: it transfers immune knowledge from an experienced immune system to one that hasn't met that challenge yet. It's how a newborn inherits immune wisdom from its mother's first milk.

That's why we call it **borrowed immunity** — the experience of one immune system, shared with yours.

**In plain English:** transfer factors don't add a nutrient or push your system harder. They hand your immune cells better *information* — so your body can do its own job, smarter. Call it raising your immune IQ.

# The 4 R's of a smarter immune system

Transfer factors support four things your immune system already does — just sharper. The fourth is brand new, unlocked by 4Life's most advanced formula.

## THE 1ST R

### Recognize

Helps immune cells identify what to keep and what to clear — faster and more accurately than they would alone.

## THE 2ND R

### Respond

Supports a measured response that clears flagged threats while leaving healthy cells untouched — then cleans up after.

## THE 3RD R

### Remember

Reinforces immune memory, so newly regenerated cells inherit the wisdom of experienced ones.

NEW · WITH MAX

## THE 4TH R

### Repair

4Life Transfer Factor Max is clinically shown to mobilize stem cells for targeted repair.

**A 1949 breakthrough.** Researcher H. Sherwood Lawrence discovered you could transfer immune knowledge between systems using a tiny molecule. 4Life has spent 25+ years turning that discovery into products — backed by patents, certified manufacturing, and peer-reviewed research.

# Three sources. One amazing discovery.

For decades, transfer factor came from two places in nature. Then science found a third — and it changed what immune support could be.



CHICKEN · OVOFACTOR®

## From the hen house

A hen passes immune information to her chicks through the egg yolk. 4Life concentrates these egg-sourced peptides into OvoFactor® — a patent-protected source.



COW · ULTRAFACOR® + NANOFACOR®

## From the first milk

A cow's colostrum is packed with immune messengers meant to educate her newborn calf. It's 4Life's original, foundational source.



PLANT · PHYTOFACTOR™ · NEW DISCOVERY

## From plants

PhytoFactor™ is plant-based transfer factor from *Brassica napus* seeds — the world's first-ever vegan 4Life Transfer Factor, and a key part of Transfer Factor Max.

**Why it matters:** more sources means broader immune education. Max is the only 4Life formula that combines all three — plant, cow, and egg.

# Which one is right for you?

Five flagship formulas, one foundation. They differ in sources, breadth of support, and format.



## FOUNDATIONAL

### Classic

Cow colostrum · supports NK cells · 90 capsules. New to transfer factor? Start here.



## ADVANCED · MOST POPULAR

### Tri-Factor®

Cow + egg · supports NK, B & T cells · 60 capsules. The everyday all-rounder.



## ADVANCED · EASY TO TAKE

### Tri-Factor® Chewable

Same support in a citrus-cream chewable · no pills, ages 2+ · 90 tablets.



## POWERFUL

### Plus®

Adds zinc & a mushroom blend · also supports macrophages · 60 capsules.



## MOST ADVANCED · THE HERO

### Max

Plant + cow + egg, PhytoFactor™, IP-6 & stem-cell repair · 90%+ cell coverage · 120 capsules.

## Quick guide

Brand new? → Classic or Tri-Factor

Don't like pills? → Chewable

Want extra support? → Plus

Want the most complete? → Max

# How to start

- 1 Pick your fit**  
Use the quick guide on the previous page — or just begin with Tri-Factor, the most popular starting point.
- 2 Make it a daily habit**  
One simple capsule (or chewable) a day. Immune support is cumulative — think daily routine, not quick fix. Most people take it with their morning.
- 3 Give it time, consistently**  
The benefit comes from showing up daily, the way good habits do.



## Risk-free for 30 days.

Every 4Life product is backed by a 30-day, 100% money-back guarantee. Trying it costs you nothing.

## Ready to begin?

Start with the formula that fits you:

[Shop 4Life Transfer Factor →](#)

Questions? I'm your independent 4Life distributor — reach out anytime.  
[ Your name · email · phone ]

Select references: Vetvicka V., Vetvickova J. (2019) J Nutr Health Sci 6(3):301; Vetvicka V., Fernandez-Botran R. (2020) Int Clin Pathol J 8(1):1; Andersen A. et al. (2021) J Immunol Methods 499; Yu L. et al. (2024) Curr. Issues Mol. Biol. 46:6710-6724. Some results are from laboratory or preclinical studies. These statements have not been evaluated by the Food and Drug Administration. 4Life Transfer Factor products are not intended to diagnose, treat, cure, or prevent any disease. 4Life®, Transfer Factor®, Tri-Factor®, and PhytoFactor™ are trademarks of 4Life Research, LLC. This is an independent educational guide prepared by an authorized 4Life distributor.